



Support Services for Older Adults

SENIOR
IMMIGRANT
SETTLEMENT
SERVICES

**FALL
2022**

Settlement services help older adult newcomers adjust to life in Canada

SEPTEMBER 6 - DECEMBER 16 • SCHEDULE VARIES
In-Person and Virtual Classes available



- **SETTLEMENT ORIENTATION FOR SENIORS**
- **ENGLISH LANGUAGE PROGRAM FOR SENIORS**
- **ENGLISH CONVERSATION CLASSES FOR SENIORS**
- **LANGUAGE BUDDY FOR SENIORS**
- **SETTLEMENT AND VOLUNTEER SUPPORT**
- **VOLUNTEER OPPORTUNITIES**

All programs are free for newcomers 55 years of age and over

To register, please call 204-956-6440 or email siss@aosupportservices.ca

You may also register in-person at 200 - 207 Donald St

Our office is open Monday - Thursday from 9 a.m. to 3 p.m.

Funded by:

Financé par :



Immigration, Refugees
and Citizenship Canada

Immigration, Réfugiés
et Citoyenneté Canada

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